

ORIGINAL

TIME	SCHEDULE	LOCATION	FACILITATOR(S)
08:30 - 09:15	Introductions, Orientation/Schedule/Covid 19	Deck	Julius
09:15 – 09:30	Safety around horses/breathing - safe spots	Behind shelter	Morag/Cyndi/Heather
09:30 - 10:30	Body scan - Meet the Horses Team Gals and Team Guys	Arena; around the arena; possibly round pen	Horse facilitators
10:30 - 11:30	At the end of the Rope and Common Sense Exercises Brief/exercise/debrief Journaling	Arena; around arena Arena; around arena Safe spots	Horse facilitators
11:30 - 12:15	Lunch/sit spot	Deck/safe spots	Volunteers
12:15- 13:30	Peer support	Behind shelter or deck	Mark
13:30 - 14:30	Labyrinth Fire	By slough By deck	Jacquelynn
14:30 - 15:00	Break	Deck/safe spots	Volunteers

15:00 - 16:00	Warrior meditation	Deck/safe spots	Jacquelynn
16:00 - 17:00	Art therapy		Julius